Hertfordshire and Bedfordshire Bereavement Alliance

Bereavement Support Directory

2020

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HERTS AND BEDS BEREAVEMENT ALLIANCE
BEREAVEMENT SUPPORT DIRECTORY

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BEDFORDSHIRE

Bedford Bereavement Services
We offer support to all bereaved people during our group meetings held monthly at Norse Rd Crematorium.

Telephone: 01234 718150  
8.45am to 5.15pm (Mon to Thurs) &  
8.45am to 4.45pm (Fri)  
Website: www.bedford.gov.uk  
Email: crem@bedford.gov.uk

CHUMS

Child Bereavement Service offers a variety of support services including groups and 1:1 support across Luton and Bedfordshire, to children (4yrs – 18yrs) and their parents or carers, following the death of someone close to them, whoever that may be and however they have died. A Trauma service is available for those who may need specialist intervention.

Telephone: 01525 863924  
Email: info@chums.uk.com  
Website: www.chums.uk.com

CHUMS Babyloss Bereavement Service in Luton and Bedfordshire, offering bereaved parents: telephone support/1:1 and couples sessions / support groups following the death of a baby through late miscarriage, stillbirth, compassionate termination and neonatal death. Support also offered in future pregnancies.

Telephone: 01525 863924 or Jan Cooper 07826951528  
Email: info@chums.uk.com

CHUMS Bedfordshire Suicide Bereavement Service which offers immediate support to adults and children who have been bereaved by a suspected suicide or suicide death. This service is open to anyone living in Bedfordshire, even if the death happened elsewhere.

Email: bsbs@chums.uk.com  
Telephone: 01525 863924 or Caroline Holley 07826951526

The Compassionate Friends
Supporting bereaved parents and their families after the death of their son or daughter, at any age and from any cause.

Bedfordshire Contact: 01767 689781  
Helpline: 0845 123 2304  
Website: www.tcf.org.uk
Cruse Bereavement Care
Individual and group bereavement support is offered to bereaved adults, whether recently bereaved or many years ago.

Telephone:
Bedfordshire helpline: 0300 200 4108
Website: www.crusebedfordshire.org.uk
Email: support@crusebedfordshire.org.uk

Dunstable & Luton Counselling Service
Luton & Dunstable Counselling Centre provides affordable BACP accredited counselling services in the Luton and Dunstable area...

Hilde Eccles House
70-72 Princes Street
Luton
Beds
LE1 SAT
Telephone: 01582 732450
Email: lutonadmin@hbcf.co.uk
         luton@counsellingfoundation.org

Keech Hospice Care
The Bereavement Service offers support to families and friends of those referred to Keech Hospice Care, both the Adult and Children’s Hospice

Clare Burden Supportive Care Lead
Steve Andrews Family Support Worker
Telephone: 01582 492339
Website: www.keech.org.uk
Email: info@keech.org.uk

The Luton & Dunstable Hospital
We provide support and information to families of the deceased including those affected by issues surrounding post mortem procedures.

Telephone: 01582 491166 – switchboard – ask for Bereavement Office, for help with administrative matters
Chaplaincy 01582 497370
Website: www.ldh.nhs.uk
Email: chaplaincy@ldh.nhs.uk
Relate
As part of a package of care, we offer counselling to individuals, couples, families and young people who are experiencing the impact of change, loss and bereavement.

Telephone: 01234 356350
Website: www.relatebedsandluton.org.uk
Email: appointments@relatebedsandluton.org.uk

Road Victims Trust
Provides emotional and practical support to those affected by fatal and serious injury road collisions in Bedfordshire, Hertfordshire and Cambridgeshire.

146 Bedford Road
Kempston
Bedford
MK42 8BH
Telephone: 01234 843345
Website: www.rvtrust.org.uk

Sue Ryder
St John’s Hospice
Moggerhanger
Bedfordshire
MK44 3RJ
Telephone: 01767 642429
Website: www.sueryder.org.uk
**HERTFORDSHIRE – EAST**

**Carers in Hertfordshire (covers all Herts)**
Support unpaid carers in the community in Hertfordshire and offer support for the bereaved carer in the form of group sessions or telephone support.

**Carers in Hertfordshire**  
The Red House  
119 Fore Street  
Hertford  
SG14 1AX  
Telephone: 01992 586969  
Email: contact@carersinherts.org.uk

**Cheshunt Information and Counselling for Young People**
Offers advice, guidance and counselling to young people aged 13-20.

178 Crossbrook Street  
Cheshunt  
Herts  
EN8 8JJ  
Telephone: 01992 635000  
Website: www.youthconnexions-hertfordshire.co.uk

Youth Connexions has one-stop shops across Hertfordshire. Website gives all contact details.

**Isabel Hospice**
Offers adult bereavement service for families known to the Hospice, and a comprehensive childhood bereavement service for Isabel Hospice families. Hosts an open access childhood bereavement service (CATS) for East Herts.

61 Bridge Road East  
Welwyn Garden City  
Herts  
AL7 1JR  
Telephone: 01707 382500  
Website: www.isabelhospice.org.uk  
Email: enquiries@isabelhospice.org.uk

**Cruse Hertfordshire**
Bereavement Support for those who have been bereaved in Hertfordshire. Telephone and face to face support, as well as some group work.
The Old Courthouse
St Albans Road East
Hatfield
AL10 OES
Admin: 01707 269497
Helpline: 01707 278389
Children and Young People: 01707 264293
Website: www.cruse-hertfordshire.org.uk
Email: office@cruse-hertfordshire.org.uk
HERTFORDSHIRE NORTH

**Garden House Hospice Care**
Offers bereavement counselling and telephone support to adults and children known to the Hospice. Also has bereavement groups.

Gillison Close  
Pixmore Avenue  
Letchworth  
Herts  
SG6 1QX  
Telephone: 01462 679540  
Website: www.ghhospice.co.uk  
Email: enquiries@ghhospice.co.uk

**Stand-by-me**
Offers a children’s bereavement service for North Herts and Stevenage.

The website provides information, advice and support for children and their families and the professionals who work with them, with additional support provided to schools affiliated to their ‘contact me’ service.

Therapeutic groups are run throughout the year for young people, children, and their parents.

**Advice line for parents and carers:**
07469 255163

**Find out more at:**
Email: info@stand-by-me.org.uk  
Website: www.stand-by-me.org.uk

**Tilehouse Counselling Youth Connections**
Offers counselling service to young people aged 13-19.

Bowes Lyon House  
St Georges Way  
Stevenage  
Herts  
SG1 1XY  
Telephone: 01462 440244  
Email: counselling@tilehouse.org
Tilehouse Counselling
Offers a counselling service to women, and to young people aged 13-19.

The Coach House
Rear of 84 Tilehouse Street
Hitchin
Herts
SG5 2DY
Telephone: 01462 440674
Website: www.tilehouse.org
Email: counselling@tilehouse.org
HERTFORDSHIRE- SOUTH WEST

**Age UK Dacorum**
Offers counselling and support to older people aged 50+

Age UK Dacorum  
Half Moon Yard  
High Street’Hemel Hempstead Herts  
HP1 3AE  
Telephone: 01442 259049  
Website: www.ageuk.org.uk/dacorum  
Email: admin@ageukdacorum.org.uk

**Crossroads South**  
Provides respite for family carers. Have “Moving On” groups, in Borehamwood and Kings Langley, for carers who are now alone. Meets on last Wednesday of each month.

Telephone: 0208 905 1158 (Joy Chambers)

**Rennie Grove Hospice Care**  
For people bereaved by cancer and other life-limiting illnesses.

Waverly Road  
St Albans  
AL3 5QX  
Telephone: 01727 731027  
Website: www.renniegrove.org  
Email: info@renniegrove.org

**The Hospice of St Francis**  
Counselling, family therapy, and support for bereaved adults associated with Hospice care, and support for children pre and post bereavement in our catchment area affected by any illness or death.

Spring Garden Lane  
Off Shootersway  
Northchurch  
Berkhamsted  
Herts  
HP4 3GW  
Telephone: 01442 869550  
Website: www.stfrancis.org.uk  
Email: admin@stfrancis.org.uk
**Rennie Grove Hospice Care**  
Offers bereavement support to adults and children in the Chilterns region of Herts and Bucks.

Gilliam King House  
Hodgemoor View  
Three Households  
Chalfont St Giles  
HP8 4LS  
Telephone: 01494 877200  
Website: www.irgh.org.uk  
Email: info@irgh.org.uk

**Peace Hospice – Care, Counselling and Bereavement Service**  
Offers adult support - counselling, telephone and social – Also the Stars group, for children and their carers.

Peace Drive  
Watford  
Herts  
Telephone: 01923 229 595 (answerphone)  
Website: www.peacehospice.co.uk  
Email: bereavement@peacehospice.org.uk

**All Saints Church, Berkhamsted**  
**Grief and Loss Support Group**  
Monthly lunch for those who have been bereaved. Trained supporters present.

Telephone: 863268 (Ruth)

**Signpost and Youth Counselling (Watford)**  
Offers counselling and support to young people aged 11-25

YMCA  
Watford  
Herts  
WD17 2BE  
Telephone: 01923 239495  
Website: www.signpostcounselling.co.uk  
Email: signpostcounselling@gmail.com

**The OLLIE Foundation**  
OLLIE stands for One Life Lost Is Enough and is a suicide prevention charity. OLLIE tries to break the taboo around suicide and allow the topic to be
discussed openly. We provide training for any professionals working with young people giving them the skills and confidence to be able to have a conversation on this emotive subject.

**Telephone:** 07966 332354  
**Website:** www.theolliefoundation.org.uk  
**Email:** contactus@theolliefoundation.org.uk

**The Counselling Foundation**

Provides counselling and related services in Hertfordshire and Bedfordshire.  
Foundation Office  
1 College Yard  
Lower Dagnall Street  
St Albans  
AL3 4PA

**Email:** foundation@counsellingfoundation.org

**Tel:** 01727 856693

**Youth Talk 14-25 years**  
Counselling service for young people aged 14-25, who live, work, or receive education in St Albans

**28 Spencer Street**  
St Albans  
Herts  
AL3 5EG  
**Telephone:** 01727 868684  
**Website:** www.youthtalk.org.uk  
**Email:** info@youthtalk.org.uk
NATIONAL BEREAVEMENT SUPPORT SERVICES

At a Loss
An online directory, helping the bereaved find support
Website: www.ataloss.org

Bereavement Register
Aims to supply names of the recently deceased to mail order companies to ensure that names and addresses are removed from their databases so that mailings are not sent out, causing distress to the bereaved.

Telephone: 020 7089 6403
0800 082 1230 (automated registration service)
Website: www.thebereavementregister.org.uk
Email: help@thebereavementregister.org.uk

British Institution of Learning Disabilities
Birmingham Research Park
97 Vincent Drive
Edgbaston
Birmingham
B15 2SQ
Telephone: 0121 415 6960
Website: www.bild.org.uk
Email: enquiries@bild.org.uk

The Compassionate Friends
An organisation of bereaved parents and their families offering support to others after the death of a child or children. Support, advice, and information to other relatives, friends, and professionals who are helping the family.

National Helpline: 0845 1232 304
Head Office Tel: 0845 1203785
Website: www.tcf.org.uk
Email: info@tcf.org.uk

Cruse Bereavement Care
PO Box 800
Richmond
Surrey
TW9 1RG
Telephone: 0844 477 9400
Website: www.cruse.org.uk
Email: helpline@cruse.org.uk
info@cruse.org.uk
EASE (Environmental Animal Sanctuary and Education)
Offers support material to bereaved pet owners

Website: www.ease-animals.org.uk
Email: info@ease-animals.org.uk

Family Lives (Formerly Parentline Plus)
Helping parents with all aspects of family life

CAN Mezzanine
49-51 East Road
London N1 6AH
Telephone: 020 7553 3080
Helpline: 0800 800 2222
Website: www.familylives.org.uk
Email: parentsupport@familylives.org.uk
Online chat: www.familylives.org.uk/how-we-can-help/online-chat

MIND
National organisation with local associations for anyone with experience of mental distress

15-19 Broadway
Stratford
London
E15 4BQ
Telephone: 020 8519 2122
Website: www.mind.org.uk
Email: contact@mind.org.uk

National Association for Children of Alcohol Dependent Adults (NACOA)
Fishponds
Bristol
BS16 2UH
Telephone: 0800 358 3456
Website: www.nacoa.org.uk
Email: helpline@nacoa.org.uk

National Association of Widows
48 Queens Road
Coventry
CV13 3EH
Telephone: 0247 663 4848
Website: www.widows.uk.net
**Refugee Therapy Centre**  
Offers counselling and psychotherapy to refugees and asylum seekers in their own language.  

1A Leeds Place  
Tollington Park  
London  
N4 3RF  

Telephone: 020 7561 1587  
Website: www.refugeetherapy.org.uk  
Email: info@refugeetherapy.org.uk

**Samaritans**  
Help anyone in any kind of distress  
‘If you are in emotional distress, talking can make all the difference’

National 24 hour support line: 08457 90 90 90  
Website: www.samaritans.org  
Email: admin@samaritans.org.uk

**Silverline**  
Offers support telephone calls to anyone over 60 and over in partnership with Age UK  

National: 0800 4 70 80 90

**SSAFA Forces Help (Forces Welfare Services)**  
Helps former and serving members of the Armed Forces, and their immediate dependents, in time of need.  
Nationwide service of volunteers who visit for advice and guidance, and refer to appropriate bereavement services in the area if required.  

**SSAFA Central Office**  
4 St Dunstans Hill  
London  
EC3R 8AD  
Telephone: 0845 241 7141  
Website: www.ssafa.org.uk  
Email: info@ssafa.org.uk

**Survivors of Bereavement by Suicide**  
Offers emotional and practical support to those who have lost a friend or family member through suicide.
A group meets in Watford on the 3rd Wednesday of each month, the contacts are Bob and Lynda on 01923 245920, please contact them for further information.

**The Flamsteed Centre**  
Albert Street  
Ilkeston  
Derbyshire  
DE7 5GU  
Telephone: 0845 561 6855  
Website: www.uk-sobs.org.uk  
Email: sobsadmin@care4free.net

**Tell Us Once**  
Tell Us Once is a service that lets you report a death to most government organisations in one go, the registrar will inform the bereaved person about this service which now has 100% coverage in England.

**Terence Higgins Trust**  
Provides support services for those living with and affected by HIV and AIDS. General counselling, including bereavement counselling.

314-320 Grays Inn Road  
London  
WC1X 8DP  
Telephone: 0808 802 1221 for an advisor  
020 7812 1600 for switchboard  
Website: www.tht.org.uk  
Email: info@tth.org.uk

**The Loss Foundation**  
A charity providing bereavement support for those bereaved by cancer and now Covid19.

Telephone: 0300 200 4112  
Website: www.thelossfoundation.org

**WAY: Widowed and Young**  
WAY is a national UK charity that enables young widows and widowers (aged 50 or under) to support and advise each other through online forums, meetings and outings.

**Suite 35**
Way Up
Way Up provides mutual support primarily but not exclusively for those in their 50s and 60s who have been widowed. A computer-based forum, it also enables the development of friendships in person, enabling its members to look forwards to a brighter future.

Way Up can be found and joined at www.way-up.co.uk